

### **When a Winter Storm Watch is issued:**

- Listen to NOAA Weather Radio, local radio and TV stations, or cable TV such as The Weather Channel, for further updates.
- Be alert to changing weather conditions.
- Avoid unnecessary travel.

### **When a Winter Storm Warning is issued:**

- Stay indoors during the storm.
- If you must go outside, several layers of lightweight clothing will keep you warmer than a single heavy coat. Gloves (or mittens) and a hat will prevent loss of body heat. Cover your mouth to protect your lungs.
- Understand the hazards of wind chill, which combines the cooling effect of wind and cold temperatures on exposed skin. As the wind increases, heat is carried away from a person's body at an accelerated rate, lowering body temperature.
- Walk carefully on snowy, icy sidewalks.
- After the storm, if you shovel snow, be extremely careful. It is physically strenuous work, so take frequent breaks. Avoid overexertion.

**Snowstorms-** The climate zone in the Southeastern portion of the United States is such that occasional snowstorms occur. This usually results in such conditions as freezing temperatures combined with a relatively thin layer of ice and/or snow on the ground and roadways. This limits mobility (driving is hazardous) and may also lead to power outages- for up to several days or longer in some areas. Having a disaster supplies kit will help- as will staying off of the roadways. In this area, most snowstorms and their effects last only one or two days, but can last several days.